



www.manlysurfschool.com
bookings@manlysurfschool.com

Manly Swim School - the fun way to learn how to swim!

Manly Swim School is offering swimming lessons at a discounted rate for Collaroy Nippers at Collaroy Rock Pool. Swimming is a vital skill that once learned will stay with you forever. Swimming is not only a great way to keep fit, socialise with friends or enjoy the beach and pool, but it is also an essential skill for Nippers.

Manly Swim School's course will not only teach the fundamentals of swimming but will also introduce participants to a wide range of personal safety skills and water survival techniques. Courses are fun and interactive with hands-on training. More advanced-level students have the opportunity to refine their skills, increase their stamina and general fitness.

We have a strong emphasis on fun yet our approach is gentle and loving. We cater for babies, children and adults. We never push the fearful child but encourage and celebrate every small swimming success. We invite you to come along and watch lessons at any time.

Lessons are between 30 minutes and 45 minutes long depending on the age, ability of the swimmer and skill level of lesson.

Our Programs include -

- Learn to swim
- Stroke improvement and refinement
- Surfing, Ocean and Carnival preparation

All instructors are Austswim qualified with extensive competitive and swim coaching experience. **Manly Swim School** courses could even be the first step into competitive swimming for those with Aussie gold medals in mind! **Manly Swim School** looks forward to making your swimming the best it can be!

Manly Swim School teaches at Collaroy Rock Pool.

Alternatively our **mobile service** can come to you and teach you in the comfort of your own home.

Special Deal for Collaroy Nippers: Manly Swim School will give a 20% discount to any Collaroy Surf Club Nippers for Rock pool lessons! This makes the cost for the term \$80! This is the best value swimming school on the Northern Beaches with lessons under \$10 per person!

Manly Swim School is also offering Collaroy Nippers members a fantastic opportunity to take advantage of our Mobile Swim Service at a discounted rate! We now operate Mobile Swimming lessons! If you have a pool in your backyard we are happy to bring our expertise to you, your family, neighbours and friends! This is a convenient way to teach the whole family to swim in the comfort of familiar surroundings.

If you choose to book 4 swimming lessons using our mobile service you will receive the 5th lesson free. That's \$200 for 5 private lessons, or \$50 per individual lesson. Please note that there can be 4 people participating in a mobile lesson at any one time - which works out to be \$12.50 per person per lesson if you choose to swim as a group of four.

Classes run at: Collaroy Beach Rockpool.

Equipment: Wetsuits, teaching equipment and sunscreen are provided.

Cost: \$100 for the term. \$80 for the term if you're a Collaroy Nipper! Mobile learn to swim is \$50 for half hour

How To Book: Please contact us on (02) 9977 6977, fax 9976 5722, or email: bookings@manlysurfschool.com

For a further look at **Manly Surf School** check out www.manlysurfschool.com

Matt Grainger email: mg@manlysurfschool.com

Happy Swimming. Matt Grainger and Bryce Johnson.

☐ P.O.Box 160, Collaroy NSW 2097

☎ Tel: (02) 9977 6977

☎ Fax: (02) 9976 5722

North Steyne - Surf Life Saving Club, Manly Beach

